

Mid-South Fencers' Club Protocols and Procedures for In-Person Services During Pandemic (Last updated August 24, 2020)

We are in an unprecedented time of navigating our safety. We appreciate your willingness to engage in a Social Contract with your fencing community. By participating in Mid-South Fencers' Club in-person services, you are agreeing to participate in self-monitoring and limiting social contact to what is deemed necessary by your family.

We have established this routine based on what information is currently available about Covid-19. Information we use is vetted by an advisory council of community members.

Steps to Enter into In-person Services:

1. Wear a face mask that fits snugly over your nose, mouth, and chin. Bring an extra in case the mask breaks or doesn't feel comfortable.
2. Bring two water bottles your own hand sanitizer, sweat towel and fencing gear.
3. Have workout/fencing gear already on. Knickers are not required for outdoor fencing. Locker rooms are closed.
4. Meet staff members at designated space outside the door of the practice space. Please stand six feet apart if in line, or wait in your car if located is next to the door.
5. Have your temperature checked and you and your responsible adult answer questions to see if you have had any symptoms related to Covid. No one with family members who are sick or with positive tests will be allowed to participate.
6. If all clear, you will go inside or join the group. Parents, or other family members not in the lesson or class, are not allowed in the instruction area unless a person is needed to follow Safesport protocols for a minor. Everyone should keep social distance and be masked if watching.
7. Go directly to your preassigned space and place your gear in the designated spot.
8. Go to the washroom to thoroughly wash your hands or use hand sanitizer if the location is outside, not near a bathroom.
Only 1 person will be allowed in each washroom at a time.
9. Return to your assigned spot and prepare to have fun!

**Mid-South Fencers' Club Protocols and Procedures
for In-Person Services During Pandemic
(Last updated August 24, 2020)**

During Activities Expect:

1. Everyone will be wearing a face covering (face mask) inside and outdoors unless we do intense outdoor work and are distanced by 12ft or more. In general, face masks stay on at all times.
2. We wear "double masks" with our fencing gear (i.e., face mask is worn under a fencing mask).
3. We will practice social distancing but recognize where we will get within six feet of distance for short periods of time while training for bouts.
4. For all practices we will also be practicing regulation of intensity and distance keeping.
5. Frequent hand washing will be practiced.
6. All participants clean their area and take personal gear home daily.
7. Any community equipment assigned to one person for the duration of a camp or 12 week class will be washed and cleaned by staff after completion of camp or class with an alcohol based cleaner and stored in isolation. *No equipment is to be shared.*

Before and During Leaving:

1. You will wash your hands.
2. You will clean your area and bring home all of your personal gear.
3. Exit from the space while practicing social distancing. Continue to wear your mask.
4. Please wait outside and practice social distancing with other adults and with passersby while waiting for pick up. Continue to wear your face mask while waiting.
5. Clean your personal gear before returning to in-person practice with it.
6. Thank you!

*Please report any concerns to the coach on duty or email
info@midsouthfencersclub.org.*